

# Symptoms Report (show All Aversions)

## Example Lunch

<b>Stomach Bloating</b>			
<b>FODMAP</b>			<b>4</b>
	<b>Dannon 4 Peach Fruit On The Bottom</b>		<b>(USA)</b>
		Peach	
	<b>Eden Organic Chili, Vegetarian, Made With Organic Kidney Beans, Kamut, &amp; Spices</b>		<b>(USA)</b>
		Garlic	
		Kidney Beans	
		Onion	
<b>Candida</b>			<b>1</b>
	<b>Dannon 4 Peach Fruit On The Bottom</b>		<b>(USA)</b>
		Sugar	
<b>Carrageenan Allergy</b>			<b>1</b>
	<b>Dannon 4 Peach Fruit On The Bottom</b>		<b>(USA)</b>
		Carrageenan	