

Symptoms Report (show only My Aversions)

Example Evening Meal

Fatigue				
Casein Sensitivity				2
	Ben & Jerry's Ice Cream, Dublin Mudslide			(USA)
			Butter	
			Casein	
Salicylate Sensitivity				1
	Ben & Jerry's Ice Cream, Dublin Mudslide			(USA)
			Honey	

Example Evening Meal

Joint Pain			
Casein Sensitivity			2
	Ben & Jerry's Ice Cream, Dublin Mudslide		(USA)
		Butter	
		Casein	